

## Do You Know Your Options About Long Term Care?



- Are you seeking help for aging parents?
- Are you the caregiver of an individual with a developmental disability?
- Do you want to know more about resources available in your community?
- Do you have a disability and need resources to live independently?
- Do you need help in navigating the maze of services?
- Are you looking for alternatives to a nursing home?

To contact an ADRC in your area please call:

**1-866-552-4464**

or visit:

**[www.georgiaadrc.com](http://www.georgiaadrc.com)**

*The Aging & Disability Resource Connection is administered by the Georgia Department of Human Services Division of Aging Services in partnership with the Department of Behavioral Health and Developmental Disabilities.*



# Georgia's

Aging & Disability  
**Resource Connection**  
AN AGENCY OF THE U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

**START HERE**  
**For Information & Resources To Help You Stay In Your Home**



**(800)580-6860**  
**1181 Coastal Drive SW**  
**Darien, GA 31305**  
**[www.crc-ga.gov](http://www.crc-ga.gov)**

**The ADRC is a valuable resource for seniors, people with disabilities, family members, caregivers and professionals. We are not a place, but a new way of providing information and assistance, awareness, and access. ADRCs focus on choice and person-centered planning.**



## Let Us Help You Navigate the Maze of Services

- **Assistive Technology**
- **Benefits Counseling**
- **Eligibility Screening**
- **Employment Options**
- **Family Caregiver Assistance**
- **Futures Planning**
- **Housing**
- **How to apply for Services/  
Benefits**
- **Medicaid Waiver Programs**
- **Medicaid/Medicare**
- **Options Counseling**
- **Prescription Drug Assistance**
- **Private Pay Services**
- **Transportation**

## Start Here:



Georgia's ADRCs offer **options counseling** to assist in planning for long-term services and supports. Options Counseling is

*"An interactive decision-support process where consumers, family members, and/or significant others are supported in their deliberations to determine appropriate long-term care choices in the context of the consumer's needs, preferences, values, and individual circumstances."*

In short, we can help you learn about your options based on your preferences and resources available. Through an interview and assessment an Options Counselor will learn about what is most important to you in planning for your future, what are your physical needs? What kind of help do you need to stay in your home or community? Who is available to help with your needs? What are your financial resources? Are you eligible for benefits that may help financially?

Options Counselors can also assist individuals and families who may not need public assistance but need help thinking through and planning based on available private resources.

We use our Enhanced Services Program database of over 25,000 resources statewide.

**Some of the questions we can answer are:**

- Does anyone deliver groceries in your area?**
- Which pharmacy delivers?**
- How can you locate someone who provides housecleaning or home repairs?**
- What types of services are offered through the Area Agency on Aging?**
- Is there a senior center nearby where someone can socialize with others?**

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